

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 02/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
13030	CRISPY CHICKEN TENDERS (W	420.0	32.0	26.0	21.0	2.0	84.0	67.8	4.0	4.0				85.8		
328	Potato Rounds	231.0	2.8	27.2	8.2	4.8			0.4							380.6
803230	Applesauce Cup	81.6	0.4	22.0	0.2			7.8	0.4	0.2	9.8			2.0	41.2	143.8
808	BBQ Sauce (2)	75.6		18.4					0.8					67.2		
861A	Catsup (2)	28.0	0.4	7.2				4.0		0.4	8.0			12.0	4.4	108.0
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1131.0	51.8	148.0	34.2	9.8	101.0	656.8	6.6	5.2	525.4	0.8	0.2	456.4	49.4	1462.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 03/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thlaml mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1123z	MEATLOAF W/TOMATO SAUCE	328.2	35.4	15.0	12.8	1.4	72.8	145.6	2.6	1.4	140.8		0.2	111.4	11.4	342.6
420	Mashed Potatoes	238.6	5.2	34.6	9.6	1.4	1.0	82.6	0.6		52.6			136.2	112.6	97.6
803233	Peach Cup	92.6	3.4	22.6				5.8	0.6	0.8	16.4			27.4	3.8	153.8
@WHEAT	Wheat Bread (2)	272.0	11.2	48.4	3.6	0.8		144.0	3.6	5.2	160.0	0.4	0.4		0.4	188.0
863B	Margarine (2)	120.0			10.0	2.0								160.0		
@milk	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
807	Tray liners															
810	Utensil Packet															
Totals		1346.2	71.4	167.8	40.8	8.6	90.8	955.2	8.4	8.0	877.4	1.2	0.8	724.4	132.0	1611.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/04/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12231	TERIYAKI GLAZED CHICKEN W	579.2	41.6	63.8	17.0	4.8	120.4	62.8	3.6	12.0	471.8	0.2	0.4	67.8	5.0	536.0
303	Cut Green Beans	60.2	2.2	8.8	2.0	0.2		49.8	1.0	0.6	37.6	0.2	0.2	55.8	15.2	218.4
7524	Fresh Pear	192.0	1.2	51.4	0.4			30.0	0.6	0.6	36.0			4.0	14.0	396.0
@wheat	Wheat Bread (2)	272.0	11.2	48.4	3.6	0.8		144.0	3.6	5.2	160.0	0.4	0.4		0.4	188.0
863b	Margarine (2)	120.0			10.0	2.0								160.0		
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray Liners															
Totals		1518.2	72.4	219.6	37.8	10.8	137.4	863.8	9.8	19.0	1213.0	1.6	1.2	577.0	38.4	2168.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/05/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12073	WHOLE GRAIN CHILI & CHEE	540.0	34.0	72.0	16.0	7.0	50.0	400.0	5.4					300.0		500.0
301	Buttered Corn	123.6	3.8	25.8	2.6	0.4		5.4	0.6	2.2	87.0		0.2	36.4	8.0	264.4
7523	Fresh Orange	150.0	2.8	38.6	0.4			132.0	0.4	1.4	70.0	0.2	0.2	36.0	182.0	512.0
874	Taco Sauce	10.0		2.0										40.0		
7075	Fritos	240.0	2.0	24.0	16.0	2.0		40.0			40.0					
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
807	Tray liners															
810	Utensil Packet															
Totals		1358.4	58.8	209.6	39.8	12.4	67.0	1154.6	7.4	4.2	704.6	1.0	0.6	701.8	193.8	2106.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/06/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12002	CHEESE PIZZA DIPPERS	600.0	28.0	68.0	24.0	8.0	20.0	600.0	4.4					80.0		
1153	Marinara Dipping Sauce	166.4	3.4	20.6	7.6	1.2	0.6	37.0	0.6	2.2	11.4	0.2	0.2	282.0	9.2	20.0
7101	Fresh Grape Tomatoes	26.0	1.2	5.6	0.2			14.0	0.4	0.8	34.0			354.0	18.0	336.0
964	Ranch Dressing	100.0		2.0	10.0	2.0	10.0									
803236	Mixed Fruit Cup	96.8	3.2	23.4				11.8	0.4	0.6	12.4			11.8	6.2	151.0
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray Liners															
Totals		1284.0	52.0	166.8	46.6	14.2	47.6	1240.0	6.8	4.2	565.4	1.0	0.4	1017.2	37.2	1336.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 09/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1647	BAKED CHICKEN NUGGETS (WH	736.0	32.6	58.2	35.8	11.4	84.0	68.0	4.6	12.0				85.8		507.4
538	Orange Juice	131.0	0.6	33.6	0.2			21.0	1.0	0.6	31.6	0.2		56.2	83.0	312.0
808	BBQ Sauce (2)	75.6		18.4					0.8					67.2		
861a	Catsup (2)	28.0	0.4	7.2				4.0		0.4	8.0			12.0	4.4	108.0
@milk	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
807	Tray liners															
810	Utensil Packet															
Totals		1265.4	49.8	164.6	40.8	14.4	101.0	670.2	7.4	13.6	547.2	1.0	0.2	510.6	91.2	1757.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 10/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
II19781z	PENNE PASTA W/ MEAT SAUCE	648.0	47.4	75.2	15.6	1.8	73.6	129.0	5.0	3.4	129.6	0.2	0.2	412.0	13.6	318.0
303	Cut Green Beans	60.2	2.2	8.8	2.0	0.2		49.8	1.0	0.6	37.6	0.2	0.2	55.8	15.2	218.4
803235	Pineapple Cup	101.6	3.4	24.2				21.8	0.4	0.4	7.2		0.2	5.2	14.4	154.6
1506	Garlic Bread	462.0	6.0	54.0	16.0	3.0			1.4							
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1566.6	75.2	209.4	38.4	8.0	90.6	777.8	8.8	5.0	682.0	1.2	0.8	762.4	47.0	1520.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 11/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thlamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12030	HOT DOG AND FRENCH FRIES	545.6	15.0	35.8	39.2	13.2	70.0	17.8	1.6	2.6			0.2		12.8	1012.6
801425	Wacky Watermelon Applesau	117.6	2.0	29.0	0.2			282.6	0.4	0.2	327.2			2.2	86.8	149.4
@wghot	Whole Wheat Hot Dog Bun	238.0	8.8	40.4	5.4	1.2		86.0	3.6	4.0	110.0	0.2	0.4			146.0
861a	Catsup (2)	28.0	0.4	7.2				4.0		0.4	8.0			12.0	4.4	108.0
860a	Mustard	6.0	0.4	0.4	0.4			6.0	0.2		10.0				0.2	12.0
@milk	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1230.0	42.8	160.0	50.0	17.4	87.0	973.6	6.8	7.8	962.8	1.0	0.8	303.6	108.0	2257.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 12/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
170553	BEEF SAUSAGE PIZZA (WHOLE	711.0	40.8	85.6	25.0	9.6	50.6	604.4	5.0	2.0	371.6	0.4	0.2	364.0	6.6	68.6
7589	Fresh Baby Carrots	40.0	0.8	9.4	0.2			36.0	1.0	0.6	32.0			782.0	3.0	268.0
964	Ranch Dressing	100.0		2.0	10.0	2.0	10.0									
7522	Fresh Banana	224.0	2.8	57.6	0.8	0.2		12.0	0.6	1.6	56.0	0.2		8.0	22.0	902.0
4569	PopCorners	280.0	4.0	46.0	7.0				2.2	2.4		0.2	0.4	40.0		
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray Liners															
Totals		1649.8	64.6	247.8	47.8	14.8	77.6	1229.6	9.8	7.2	967.2	1.6	0.8	1483.4	35.4	2068.4
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 13/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
#602z	CHEESEBURGER	311.2	30.2	3.4	18.2	7.0	79.6	188.8	1.2		95.2			100.0		232.4
361	Maple Baked Beans	210.8	10.8	42.8				71.4	3.0		5.8			1.4	0.2	45.6
7521	Fresh Apple	128.0	0.6	33.8	0.4			14.0	0.4	0.2	26.0			8.0	11.2	262.0
@wghamb	Whole Wheat Hamburger Bun	268.0	9.8	45.6	6.2	1.4		96.0	4.0	4.6	124.0	0.4	0.4			164.0
861A	Catsup	14.0	0.2	3.6				2.0		0.2	4.0			6.0	2.2	54.0
860A	Mustard	6.0	0.4	0.4	0.4			6.0	0.2		10.0				0.2	12.0
@milk	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
807	Tray liners															
810	Utensil Packet															
Totals		1232.8	68.2	176.8	30.0	11.4	96.6	955.4	9.8	5.6	772.6	1.2	0.6	404.8	17.6	1599.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/16/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12311	CREAMY MACARONI AND CHEE	808.2	42.4	71.4	39.2	24.0	116.2	926.6	2.8	4.6	798.4	1.0	0.8	308.6	1.2	583.8
302	Garden Green Peas	129.6	7.8	20.6	2.2	0.4		35.8	2.0	3.0	153.8	0.2	0.4	78.2	57.0	347.4
529	Blue Raspberry Frozen Jui	160.0		42.0				120.0							120.0	
7937	Soft Breadstick	160.0	6.0	30.0	2.0				1.4	2.4		0.2	0.2			
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1552.6	72.4	211.2	48.2	27.4	133.2	1659.6	7.2	10.6	1459.8	2.2	1.6	676.2	182.0	1761.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/17/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thlamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
2315	CHICKEN DIPPERS (WHOLE GR	637.2	36.2	43.2	35.4	7.6	92.2	208.8	4.8	14.2	85.8	0.2	0.2	390.4	9.2	33.4
803234	Diced Pears	99.4	3.0	24.0				9.0	0.4	0.2	10.8			0.4	1.2	109.8
1506	Garlic Bread	462.0	6.0	54.0	16.0	3.0			1.4							
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1493.4	61.4	168.4	56.2	13.6	109.2	795.0	7.6	15.0	604.2	1.0	0.4	680.2	14.2	973.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/18/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
118	FRENCH TOAST STICKS W/SA	729.8	35.8	59.8	38.2	10.2	129.4	193.0	6.8	5.6	253.4	0.6	0.4	241.2	0.2	417.6
328	Potato Rounds	231.0	2.8	27.2	8.2	4.8			0.4							380.6
7523	Fresh Orange	150.0	2.8	38.6	0.4			132.0	0.4	1.4	70.0	0.2	0.2	36.0	182.0	512.0
870	Syrup	146.6		37.2												
861A	Catsup (2)	28.0	0.4	7.2				4.0		0.4	8.0			12.0	4.4	108.0
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1580.2	58.0	217.2	51.6	18.0	146.4	906.2	8.6	8.0	839.0	1.6	0.8	578.6	190.4	2248.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 19/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
13029	CRISPY CHICKEN FILLET (W	428.0	29.0	22.0	25.0	5.0	84.0	68.0	4.0	12.0				85.8		
301	Buttered Corn	123.6	3.8	25.8	2.6	0.4		5.4	0.6	2.2	87.0		0.2	36.4	8.0	264.4
7521	Fresh Apple	128.0	0.6	33.8	0.4			14.0	0.4	0.2	26.0			8.0	11.2	262.0
@wghamb	Whole Wheat Hamburger Bun	268.0	9.8	45.6	6.2	1.4		96.0	4.0	4.6	124.0	0.4	0.4			164.0
808	BBQ Sauce	37.8		9.2					0.4					33.6		
4581	Cheddar Goldfish Crackers	280.0	8.0	40.0	10.0	2.0	10.0	80.0	1.4							
@milk	MILK	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
807	Tray liners															
810	Utensil Packet															
Totals		1560.2	67.4	223.6	49.0	11.8	111.0	840.6	11.8	19.6	744.6	1.2	0.8	453.2	23.0	1520.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/20/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thlamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12002	CHEESE PIZZA DIPPERS	600.0	28.0	68.0	24.0	8.0	20.0	600.0	4.4					80.0		
1153	Marinara Dipping Sauce	166.4	3.4	20.6	7.6	1.2	0.6	37.0	0.6	2.2	11.4	0.2	0.2	282.0	9.2	20.0
7589	Fresh Baby Carrots	40.0	0.8	9.4	0.2			36.0	1.0	0.6	32.0			782.0	3.0	268.0
836	Fat Free Ranch Dressing	20.0		4.0												
803236	Mixed Fruit Cup	96.8	3.2	23.4				11.8	0.4	0.6	12.4			11.8	6.2	151.0
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray Liners															
Totals		1218.0	51.6	172.6	36.6	12.2	37.6	1262.0	7.4	4.0	563.4	1.0	0.4	1445.2	22.2	1268.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/23/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12314	MINI CORN DOGS	562.8	14.0	70.4	24.2	7.0	70.4	160.8	3.6							
328	Potato Rounds	231.0	2.8	27.2	8.2	4.8			0.4							380.6
542	Blended Fruit Juice	116.0	0.4	28.6				24.0	0.6	0.4	19.0		0.2	0.4	57.0	302.0
861A	Catsup (2)	28.0	0.4	7.2				4.0		0.4	8.0			12.0	4.4	108.0
860A	Mustard	6.0	0.4	0.4	0.4			6.0	0.2		10.0				0.2	12.0
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1238.6	34.2	181.0	37.6	14.8	87.4	772.0	5.8	1.4	544.6	0.8	0.4	301.8	65.4	1632.4
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/24/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
121	MEATBALL SUB W/TOMATO S	343.6	24.0	19.6	19.0	5.8	64.4	65.4	3.4	5.0	8.2	0.4	0.4	256.8	8.2	18.0
425	French Fries	205.6	3.0	31.8	7.2	1.2				2.6			0.2		12.8	432.6
803232	Cinnamon Applesauce	86.2	0.4	23.0	0.2			10.0	0.4	0.2	9.8			2.2	41.2	143.8
@wghot	Whole Wheat Hot Dog Bun	238.0	8.8	40.4	5.4	1.2		86.0	3.6	4.0	110.0	0.2	0.4			146.0
861a	Catsup	14.0	0.2	3.6				2.0		0.2	4.0			6.0	2.2	54.0
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1182.2	52.6	165.6	36.6	11.2	81.4	740.6	8.4	12.6	639.6	1.4	1.2	554.4	68.2	1624.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 25/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
13030	CRISPY CHICKEN TENDERS (W	420.0	32.0	26.0	21.0	2.0	84.0	67.8	4.0	4.0				85.8		
303	Cut Green Beans	60.2	2.2	8.8	2.0	0.2		49.8	1.0	0.6	37.6	0.2	0.2	55.8	15.2	218.4
7522	Fresh Banana	224.0	2.8	57.6	0.8	0.2		12.0	0.6	1.6	56.0	0.2		8.0	22.0	902.0
@wheat	Wheat Bread	136.0	5.6	24.2	1.8	0.4		72.0	1.8	2.6	80.0	0.2	0.2		0.2	94.0
863b	Margarine	60.0			5.0	1.0								80.0		
808	BBQ Sauce	37.8		9.2					0.4					33.6		
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray Liners															
Totals		1232.8	58.8	173.0	35.4	6.8	101.0	778.8	8.8	9.4	681.2	1.4	0.6	552.6	41.2	2044.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/26/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
17064	FRENCH BREAD PEPPERONI P	789.2	46.2	95.8	25.8	11.0	52.2	764.4	6.6	7.0	371.6	0.8	1.0	343.4	6.6	68.6
7625	Mixed Greens Salad	12.0	0.8	2.4	0.2			16.0	0.6	0.4	24.0			174.0	16.6	146.0
876	Italian Dressing	70.0	0.2	2.6	6.8	1.0		2.0	0.2		2.0					12.0
803101	Fruited Gelatin	174.6	20.2	27.4				9.8	0.2	0.2	4.2			9.6	2.2	116.4
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray Liners															
5554a	Salad Bowl															
Totals		1340.6	83.6	175.4	37.6	15.0	69.2	1369.4	8.6	8.2	909.4	1.6	1.2	816.4	29.2	1172.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 05/ 27/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thlamin mg	Vitamin A R,E	Vitamin C mg	Potassi mg
14118	BEEF TACO LUNCH MUNCHIE	727.2	35.6	79.6	27.4	11.0	61.2	337.0	7.6	8.6	477.6	0.8	0.6	411.6	5.6	544.6
321	Fiesta Corn	127.8	3.8	26.6	2.6	0.4		6.2	0.6	2.2	90.4		0.2	57.0	24.6	292.0
7524	Fresh Pear	192.0	1.2	51.4	0.4			30.0	0.6	0.6	36.0			4.0	14.0	396.0
874	Taco Sauce	10.0		2.0										40.0		
8234a	Chocolate Chip Cookie	320.0	2.0	50.0	12.0	4.0	10.0		1.4							
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray liners															
Totals		1671.8	58.8	256.8	47.2	18.4	88.2	950.4	11.2	12.0	1111.6	1.6	1.0	802.0	48.0	2062.4
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Customer: BCC0048501

Daily Nutrient Values

Date : 05/ 31/ 2011

Meal Type: LN - K-6 Traditional

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1672	POPCORN CHICKEN W/POTAT	731.0	29.8	61.2	39.8	7.6	54.0	34.0	5.2	4.0				69.6	4.2	
598	Cherry Frozen Juice Bar	180.0		46.0										160.0	120.0	
861a	Catsup	14.0	0.2	3.6				2.0		0.2	4.0			6.0	2.2	54.0
808	BBQ Sauce	37.8		9.2					0.4					33.6		
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
Totals		1257.6	46.2	167.2	44.6	10.6	71.0	613.2	6.6	4.8	511.6	0.8	0.2	558.6	130.2	883.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Thursday, March 24, 2011 9:11:22AM

Daily Nutrient Values

Preferred Meal Systems

Customer: BCC0048501

Daily Nutrient Values

Date : 06/01/2011

Meal Type: LN - K-6 Traditional

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R,E	Vitamin C mg	Potassi mg
12030	HOT DOG AND FRENCH FRIES	545.6	15.0	35.8	39.2	13.2	70.0	17.8	1.6	2.6			0.2		12.8	1012.6
803236	Mixed Fruit Cup	96.8	3.2	23.4				11.8	0.4	0.6	12.4			11.8	6.2	151.0
@wghot	Whole Wheat Hot Dog Bun	238.0	8.8	40.4	5.4	1.2		86.0	3.6	4.0	110.0	0.2	0.4			146.0
860a	Mustard	6.0	0.4	0.4	0.4			6.0	0.2		10.0				0.2	12.0
861a	Catsup (2)	28.0	0.4	7.2				4.0		0.4	8.0			12.0	4.4	108.0
@MILK	Milk	294.8	16.2	47.2	4.8	3.0	17.0	577.2	1.0	0.6	507.6	0.8	0.2	289.4	3.8	829.8
810	Utensil Packet															
807	Tray Liners															
Totals		1209.2	44.0	154.4	49.8	17.4	87.0	702.8	6.8	8.2	648.0	1.0	0.8	313.2	27.4	2259.4
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed