



# May / June 2011

Beach Park



Preferred Meal Systems, Inc.  
preferredmealsystems.com

K-6 TRADITIONAL (LN)

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>CRISPY CHICKEN TENDERS (WHOLE GRAIN)</b> Potato Rounds Applesauce Cup	3 <b>MEATLOAF W/TOMATO SAUCE</b> Mashed Potatoes Peach Cup Wheat Bread	4 <b>TERIYAKI GLAZED CHICKEN W/BROWN RICE</b> Cut Green Beans Fresh Pear Wheat Bread	5 <b>WHOLE GRAIN CHILI &amp; CHEESE QUESADILLA</b> Buttered Corn Fresh Orange Fritos  <i>Cinco de Mayo</i>	6 <b>CHEESE PIZZA DIPPERS</b> Marinara Dipping Sauce Fresh Grape Tomatoes Mixed Fruit Cup
9 <b>BAKED CHICKEN NUGGETS (WHOLE GRAIN) W/POTATO ROUNDS</b> Orange Juice	10 <b>PENNE PASTA W/ MEAT SAUCE (WHOLE GRAIN)</b> Cut Green Beans Pineapple Cup Garlic Bread	11 <b>HOT DOG AND FRENCH FRIES</b> Wacky Watermelon Applesauce Whole Wheat Hot Dog Bun  <i>Wacky Wednesday</i>	12 <b>BEEF SAUSAGE PIZZA (WHOLE WHEAT)</b> Fresh Baby Carrots Fresh Banana PopCorners	13 <b>CHEESEBURGER</b> Maple Baked Beans Fresh Apple Whole Wheat Hamburger Bun
16 <b>CREAMY MACARONI AND CHEESE</b> Garden Green Peas Blue Raspberry Frozen Juice Bar Soft Breadstick	17 <b>CHICKEN DIPPERS (WHOLE GRAIN) W/TOMATO PARMESAN SAUCE</b> Diced Pears Garlic Bread	18 <b>FRENCH TOAST STICKS W/SAUSAGE</b> Potato Rounds Fresh Orange	19 <b>CRISPY CHICKEN FILLET (WHOLE GRAIN)</b> Buttered Corn Fresh Apple Whole Wheat Hamburger Bun Cheddar Goldfish Crackers	20 <b>CHEESE PIZZA DIPPERS</b> Marinara Dipping Sauce Fresh Baby Carrots Mixed Fruit Cup
<b>Meatless Monday</b>				
23 <b>MINI CORN DOGS</b> Potato Rounds Blended Fruit Juice	24 <b>MEATBALL SUB W/TOMATO SAUCE</b> French Fries Cinnamon Applesauce Whole Wheat Hot Dog Bun	25 <b>CRISPY CHICKEN TENDERS (WHOLE GRAIN)</b> Cut Green Beans Fresh Banana Wheat Bread	26 <b>FRENCH BREAD PEPPERONI PIZZA</b> Mixed Greens Salad Fruited Gelatin	27 <b>BEEF TACO LUNCH MUNCHIE</b> Fiesta Corn Fresh Pear Chocolate Chip Cookie  <b>Fun Friday</b>
30 <b>Memorial Day</b> 	31 <b>POPCORN CHICKEN W/POTATO FUN SHAPES</b> Cherry Frozen Juice Bar  <b>Trayless Tuesday</b>	1 <b>HOT DOG AND FRENCH FRIES</b> Mixed Fruit Cup Whole Wheat Hot Dog Bun		

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

\*\*\*MENU SUBJECT TO CHANGE.



The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET CENTER at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.