

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/04/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
118	FRENCH TOAST STICKS W/SA	364.9	17.9	29.9	19.1	5.1	64.7	96.5	3.4	2.8	126.7	0.3	0.2	120.6	0.1	208.8
328	Potato Rounds	115.5	1.4	13.6	4.1	2.4			0.2							190.3
538	Orange Juice	65.5	0.3	16.8	0.1			10.5	0.5	0.3	15.8	0.1		28.1	41.5	156.0
870	Syrup	73.3		18.6												
861A	Catsup	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		773.6	27.8	104.3	25.7	9.0	73.2	396.6	4.6	3.5	398.3	0.8	0.3	296.4	44.6	997.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/05/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
13030	CRISPY CHICKEN TENDERS (W	210.0	16.0	13.0	10.5	1.0	42.0	33.9	2.0	2.0				42.9		
492	Glazed Carrots	127.4	0.9	32.4	0.2			34.8	0.3	0.9	34.7	0.1	0.1	769.5	5.4	301.9
803101	Fruited Gelatin	87.3	10.1	13.7				4.9	0.1	0.1	2.1			4.8	1.1	58.2
@WHEAT	Wheat Bread	68.0	2.8	12.1	0.9	0.2		36.0	0.9	1.3	40.0	0.1	0.1		0.1	47.0
808	BBQ Sauce	18.9		4.6					0.2					16.8		
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
Totals		659.0	37.9	99.4	14.0	2.7	50.5	398.2	4.0	4.6	330.6	0.6	0.3	978.7	8.5	822.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/06/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
il12234z	SPAGHETTI W/ MEAT SAUCE (295.1	22.6	32.1	7.6	0.9	36.8	60.1	2.2	1.4	64.8	0.1	0.1	171.3	5.7	158.8
302	Green Garden Peas	64.8	3.9	10.3	1.1	0.2		17.9	1.0	1.5	76.9	0.1	0.2	39.1	28.5	173.7
803233	Peach Cup	46.3	1.7	11.3				2.9	0.3	0.4	8.2			13.7	1.9	76.9
8509E	Spring Cookie	110.0	2.0	17.0	3.5	1.5	5.0		0.7							
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		663.6	38.3	94.3	14.6	4.1	50.3	369.5	4.7	3.6	403.7	0.6	0.4	368.8	38.0	824.3
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Daily Nutrient Values

Preferred Meal Systems

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/07/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12273	CHEESY CHICKEN, POTATO B	287.2	18.9	22.7	13.9	8.0	50.8	356.6	1.2	0.3	291.8	0.3	0.1	134.6	30.7	529.4
803236	Mixed Fruit Cup	48.4	1.6	11.7				5.9	0.2	0.3	6.2			5.9	3.1	75.5
83062	Wally Wabbit's Carrot Muf	272.9	3.3	40.7	11.4	1.6	20.5	68.0	1.5	1.7	79.7	0.1	0.2	575.6	0.9	125.6
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		755.9	31.9	98.7	27.7	11.1	79.8	719.1	3.4	2.6	631.5	0.8	0.4	860.8	36.6	1145.4
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Daily Nutrient Values

Preferred Meal Systems

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/08/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1979	CHEESE PIZZA DIPPERS	310.0	17.0	31.0	14.0	7.0	35.0	350.0	1.8					80.0		170.0
1153	Marinara Dipping Sauce	83.2	1.7	10.3	3.8	0.6	0.3	18.5	0.3	1.1	5.7	0.1	0.1	141.0	4.6	10.0
803234	Pear Cup	49.7	1.5	12.0				4.5	0.2	0.1	5.4			0.2	0.6	54.9
552	Apple-Cranberry Juice	67.0	0.1	16.7	0.1			10.8	0.3	0.1	11.1		0.1		21.5	63.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
5554A	Salad Bowl															
Totals		657.3	28.4	93.6	20.3	9.1	43.8	672.4	3.1	1.6	276.0	0.5	0.3	365.9	28.6	712.8
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/11/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
2315	CHICKEN DIPPERS (WHOLE GR	318.6	18.1	21.6	17.7	3.8	46.1	104.4	2.4	7.1	42.9	0.1	0.1	195.2	4.6	16.7
529	Blue Raspberry Frozen Jui	80.0		21.0				60.0							60.0	
1506	Garlic Bread	231.0	3.0	27.0	8.0	1.5			0.7							
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		777.0	29.2	93.2	28.1	6.8	54.6	453.0	3.6	7.4	296.7	0.5	0.2	339.9	66.5	431.6
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 12/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
il123z	MEATLOAF W/TOMATO SAUCE	164.1	17.7	7.5	6.4	0.7	36.4	72.8	1.3	0.7	70.4		0.1	55.7	5.7	171.3
420	Mashed Potatoes	119.3	2.6	17.3	4.8	0.7	0.5	41.3	0.3		26.3			68.1	56.3	48.8
803233	Peach Cup	46.3	1.7	11.3				2.9	0.3	0.4	8.2			13.7	1.9	76.9
@WHEAT	Wheat Bread (2)	68.0	2.8	12.1	0.9	0.2		36.0	0.9	1.3	40.0	0.1	0.1		0.1	47.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		545.1	32.9	71.8	14.5	3.1	45.4	441.6	3.3	2.7	398.7	0.5	0.3	282.2	65.9	758.9
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/13/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
13029	CRISPY CHICKEN FILLET (W	214.0	14.5	11.0	12.5	2.5	42.0	34.0	2.0	6.0				42.9		
361	Maple Baked Beans	105.4	5.4	21.4				35.7	1.5		2.9			0.7	0.1	22.8
7524	Fresh Pear	96.0	0.6	25.7	0.2			15.0	0.3	0.3	18.0			2.0	7.0	198.0
@wghamb	Whole Wheat Hamburger Bun	134.0	4.9	22.8	3.1	0.7		48.0	2.0	2.3	62.0	0.2	0.2			82.0
808	BBQ Sauce	18.9		4.6					0.2					16.8		
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		715.7	33.5	109.1	18.2	4.7	50.5	421.3	6.5	8.9	336.7	0.6	0.3	207.1	9.0	717.7
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 14/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1677	MINI CORN DOGS W/POTATO F	430.9	7.9	52.8	20.0	5.3	35.2	80.4	2.4						2.1	
7522	Fresh Banana	112.0	1.4	28.8	0.4	0.1		6.0	0.3	0.8	28.0	0.1		4.0	11.0	451.0
861A	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0
860A	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		700.3	17.7	107.2	23.0	6.9	43.7	379.0	3.3	1.2	288.8	0.5	0.1	151.7	16.2	898.9
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 15/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
17069	CHEESE PISA PIZZA (WHOLE	353.0	20.1	42.5	12.4	4.9	23.0	348.7	2.2	0.5	222.9	0.2	0.1	183.0	3.3	41.1
7589	Fresh Baby Carrots	20.0	0.4	4.7	0.1			18.0	0.5	0.3	16.0			391.0	1.5	134.0
964	Ranch Dressing	50.0		1.0	5.0	1.0	5.0									
803236	Mixed Fruit Cup	48.4	1.6	11.7				5.9	0.2	0.3	6.2			5.9	3.1	75.5
4569	PopCorners	140.0	2.0	23.0	3.5				1.1	1.2		0.1	0.2	20.0		
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
Totals		758.8	32.2	106.5	23.4	7.4	36.5	661.2	4.5	2.6	498.9	0.7	0.4	744.6	9.8	665.5
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 18/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1672	POPCORN CHICKEN W/POTAT	365.5	14.9	30.6	19.9	3.8	27.0	17.0	2.6	2.0				34.8	2.1	
552	Apple-Cranberry Juice	67.0	0.1	16.7	0.1			10.8	0.3	0.1	11.1		0.1		21.5	63.0
83040	Corn Muffin	222.4	2.9	34.6	8.5	1.2	14.5	30.2	1.2	1.4	78.9	0.1	0.2	115.0		89.3
808	BBQ Sauce	18.9		4.6					0.2					16.8		
861A	Catsup	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
Totals		828.2	26.1	111.9	30.9	6.5	50.0	347.6	4.8	3.9	345.8	0.5	0.4	314.3	26.6	594.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 19/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
il602z	CHEESEBURGER	155.6	15.1	1.7	9.1	3.5	39.8	94.4	0.6		47.6			50.0		116.2
328	Potato Rounds	115.5	1.4	13.6	4.1	2.4			0.2							190.3
803236	Mixed Fruit Cup	48.4	1.6	11.7				5.9	0.2	0.3	6.2			5.9	3.1	75.5
@wghamb	Whole Wheat Hamburger Bun	134.0	4.9	22.8	3.1	0.7		48.0	2.0	2.3	62.0	0.2	0.2			82.0
860A	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0
861a	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		610.9	31.4	75.4	18.9	8.1	48.3	440.9	3.6	3.0	376.6	0.6	0.3	203.6	6.2	911.9
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 20/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12231	TERIYAKI GLAZED CHICKEN W	289.6	20.8	31.9	8.5	2.4	60.2	31.4	1.8	6.0	235.9	0.1	0.2	33.9	2.5	268.0
339	Peas & Carrots	49.6	2.2	8.4	1.1	0.2		20.7	0.6	1.1	49.5	0.1	0.1	328.1	15.7	199.2
7521	Fresh Apple	64.0	0.3	16.9	0.2			7.0	0.2	0.1	13.0			4.0	5.6	131.0
@WHEAT	Wheat Bread (2)	68.0	2.8	12.1	0.9	0.2		36.0	0.9	1.3	40.0	0.1	0.1		0.1	47.0
4580	Goldfish Crackers	140.0	3.0	19.0	6.0	0.5		20.0	0.7							
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		758.6	37.2	111.9	19.1	4.8	68.7	403.7	4.7	8.8	592.2	0.7	0.5	510.7	25.8	1060.1
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/21/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
121	MEATBALL SUB	171.8	12.0	9.8	9.5	2.9	32.2	32.7	1.7	2.5	4.1	0.2	0.2	128.4	4.1	9.0
301	Buttered Corn	61.8	1.9	12.9	1.3	0.2		2.7	0.3	1.1	43.5		0.1	18.2	4.0	132.2
7523	Fresh Orange	75.0	1.4	19.3	0.2			66.0	0.2	0.7	35.0	0.1	0.1	18.0	91.0	256.0
@wghot	Whole Wheat Hot Dog Bun	119.0	4.4	20.2	2.7	0.6		43.0	1.8	2.0	55.0	0.1	0.2			73.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
Totals		575.0	27.8	85.8	16.1	5.2	40.7	433.0	4.5	6.6	391.4	0.8	0.7	309.3	101.0	885.1
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 25/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1294	BEAN & CHEESE BURRITO	330.0	14.0	52.0	8.0	1.0		300.0	4.5					200.0	3.6	
305	Garden Vegetables	52.6	2.1	9.5	1.1	0.2		16.1	0.5	1.1	47.9	0.1	0.1	248.2	12.8	181.7
598	Cherry Frozen Juice Bar	90.0		23.0										80.0	60.0	
874	Taco Sauce	5.0		1.0										20.0		
7075	Fritos	120.0	1.0	12.0	8.0	1.0		20.0			20.0					
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
Totals		745.0	25.2	121.1	19.5	3.7	8.5	624.7	5.5	1.4	321.7	0.5	0.2	692.9	78.3	596.6
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 26/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
13028	BAKED CHICKEN NUGGETS (WH	214.0	14.5	11.0	12.5	2.5	42.0	34.0	2.0	6.0				42.9		
420	Mashed Potatoes	119.3	2.6	17.3	4.8	0.7	0.5	41.3	0.3		26.3			68.1	56.3	48.8
803232	Cinnamon Applesauce	43.1	0.2	11.5	0.1			5.0	0.2	0.1	4.9			1.1	20.6	71.9
@WHEAT	Wheat Bread	68.0	2.8	12.1	0.9	0.2		36.0	0.9	1.3	40.0	0.1	0.1		0.1	47.0
808	BBQ Sauce	18.9		4.6					0.2					16.8		
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
807	Tray liners															
8961	Utensil Pack															
Totals		610.7	28.2	80.1	20.7	4.9	51.0	404.9	4.1	7.7	325.0	0.5	0.2	273.6	78.9	582.6
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/ 27/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12311	CREAMY MACARONI AND CHEE	404.1	21.2	35.7	19.6	12.0	58.1	463.3	1.4	2.3	399.2	0.5	0.4	154.3	0.6	291.9
303	Cut Green Beans	30.1	1.1	4.4	1.0	0.1		24.9	0.5	0.3	18.8	0.1	0.1	27.9	7.6	109.2
7524	Fresh Pear	96.0	0.6	25.7	0.2			15.0	0.3	0.3	18.0			2.0	7.0	198.0
7937	Soft Breadstick	80.0	3.0	15.0	1.0				0.7	1.2		0.1	0.1			
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
Totals		757.6	34.0	104.4	24.2	13.6	66.6	791.8	3.4	4.4	689.8	1.1	0.7	328.9	17.1	1014.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/28/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
12030	HOT DOG AND FRENCH FRIES	272.8	7.5	17.9	19.6	6.6	35.0	8.9	0.8	1.3			0.1		6.4	506.3
7522	Fresh Banana	112.0	1.4	28.8	0.4	0.1		6.0	0.3	0.8	28.0	0.1		4.0	11.0	451.0
@wghot	Whole Wheat Hot Dog Bun	119.0	4.4	20.2	2.7	0.6		43.0	1.8	2.0	55.0	0.1	0.2			73.0
861A	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0
860A	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray liners															
Totals		661.2	21.7	92.5	25.3	8.8	43.5	350.5	3.5	4.5	343.8	0.6	0.4	151.7	20.5	1478.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values

Preferred Meal Systems

Daily Nutrient Values

Customer: BCC0048501

Meal Type: LN - K-6 Traditional

Date : 04/29/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg
1979	CHEESE PIZZA DIPPERS	310.0	17.0	31.0	14.0	7.0	35.0	350.0	1.8					80.0		170.0
1153	Marinara Dipping Sauce	83.2	1.7	10.3	3.8	0.6	0.3	18.5	0.3	1.1	5.7	0.1	0.1	141.0	4.6	10.0
7589	Fresh Baby Carrots	20.0	0.4	4.7	0.1			18.0	0.5	0.3	16.0			391.0	1.5	134.0
836	Fat Free Ranch Dressing	10.0		2.0												
803101	Fruited Gelatin	87.3	10.1	13.7				4.9	0.1	0.1	2.1			4.8	1.1	58.2
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9
8961	Utensil Pack															
807	Tray Liners															
Totals		657.9	37.3	85.3	20.3	9.1	43.8	680.0	3.2	1.8	277.6	0.5	0.2	761.5	9.1	787.1
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																

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Friday, February 18, 2011 9:02:01AM

Daily Nutrient Values